

**Mondays at 10:30am till 12:30pm at Hellingly Community Hub**

**A Group for over 60’s that are**

 **“Young at Heart”**

**Young at Heart Club**

**A group for over 60’s that are Young at Heart & want to come and make new friends and try new things out or just have a good old chat.**

**Every week we fill the tables with Board Games and Playing Cards and will also get the table tennis and mini badminton out.**

**FREE REFRESHMENTS - Served by the lovely ladies from Hailsham Lions**